Rich Chicks
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BBQ Chicken Sandwich with Potato Salad

with Seasoned Hand Pulled Chicken 80 Dark / 20 White Meat, NAE

RC Product Code: 97103

Serving Size:	1 Sandwich plus 2/3 cup potato salad
Yield:	100 servings
Contribution:	2 M/MA, 2 grain, 1/2 cup starchy vegetable

Nutritional Information

Portion	1 sandwich plus 2/3 c. potato salad	**Cholesterol (mg)**	72
Calories	397	**Sodium (mg)**	769
Total Fat (g)	9.1	**Total Carbohydrates (g)**	54
Saturated Fat (g)	1.48	**Sugar (g)**	9
Trans Fat (g)	0	**Protein (g)**	24.5

Ingredients	Amount	Instructions
Rich Chicks Seasoned Hand Pulled Chicken 80 Dark / 20 White Meat, Nae 97103	20 lbs	Prepare pulled chicken according to instructions on the package.
BBQ Sauce - low sodium	3 quarts	Place 1 bag heated pulled chicken in pan. Add 3 cups of BBQ sauce to chicken and stir until well mixed.
Whole Grain Rich 3 3/4" hamburger buns	100 each	Place #12 scoop of BBQ chicken on bottom portion of bun. Place bun top on the sandwich, wrap and hold hot for service.
USDA recipe for Potato Salad	100 servings	Place #6 scoop of potato salad in hinged compartment tray with sandwich.

Potato Salad USDA

Ingredients	Amount	Instructions
Potatoes, as purchased	18 lbs 10 oz	Steam potatoes at 5-6 pounds of pressure for 30 - 45 munutes, or boil for 30-40 minutes. Cool, peel and dice into 1/2" cubes
Fresh Celery, chopped	2 lbs 4 oz	
Fresh Onions finely chopped	15 oz	
Sweet pickle relish	12 oz	Add all other ingredients. Mix lightly until well blended. Spred1 gal plus 1/2 cup into each of 4 shallow pans (12" x 20" x 2/1/2") to a product depth of 2" or less.
Large eggs, hard cooked, chopped	24 each	
Mayonaise, low fat	18 lbs 10 oz	Refrigerate until ready to serve
Salt, kosher	2 Tbsp	Portion with #6 scoop.
Gr. White pepper	2 tsp	
Dry mustard	2 Tbsp	

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It is recommended that any recipe be put through your own nutrition assessment before making the determination as to whether or not it fits into your school's menu plan.