Rich Chicks
RICH IN NUTRITION

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Cheesy-Q Sandwich

with Seasoned Hand Pulled Chicken
80 Dark /20 White Meat, NAE
RC Product Code: 97103

Serving Size:	1 open faced sandwich
Yield:	100 servings
Contribution:	2.5 M/MA 1.25 grain

Nutritional Information

Portion	1 open faced sandwich	**Cholesterol (mg)**	74
Calories	365	**Sodium (mg)**	892
Total Fat (g)	13	**Total Carbohydrates (g)**	32
Saturated Fat (g)	4	**Sugar (g)**	13
Trans Fat (g)	0	**Protein (g)**	26

Ingredients	Amount	Instructions
Rich Chicks Seasoned Hand Pulled Chicken 80 Dark / 20 White Meat, NAE 97103	20 lbs	Prepare Pulled chicken according to package directions. Prepare 4 full sized pans. Once chicken is heated drain off liquid. Empty 1 bag into each pan.
Cattlemen's Carolina Tangy Gold BBQ Sauce	3 quarts + 1 cup	Add 3 cups and 2 Tbsp of BBQ sauce to each pan of shredded chicken. Mix well. Hold hot until ready to prepare sandwiches
WG Texas Toast, Bake Crafter's #1605	1 case	Prepare texas toast according to package directions.
Nacho Cheese Sauce - USDA recipe - 50 servings	75 oz	On each piece of texas toast place a #12 scoop of the BBQ chicken and top with 1 1/2 Tbsp of nacho cheese sauce. Serve immediately

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It is recommended that any recipe be put through your own nutrition assessment before making the determination as to whether or not it fits into your school's menu plan.