



Finger Lickin Mashed Potato Bowl

with Premium Artisan Whole Grain Breaded Dark Meat Chicken Poppers, CN Labeled, Fully Cooked
RC Product Code: 94403



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Serving Size: 1 bowl
Yield: 100 servings
Contribution: 2 oz meat/meat alternate, 1 oz grain,
 1 cup starchy vegetable

**Nutritional Information for 1/2 cup Potatoes,
 1/2 cup Corn, 10 Poppers and 1/4 cup Gravy**

Portion	1 servings	Cholesterol (mg)	60
Calories	420	Sodium (mg)	435
Total Fat (g)	13.5	Total Carbohydrates (g)	60
Saturated Fat (g)	2.4	Sugar (g)	4
Trans Fat (g)	0	Protein (g)	20



Ingredients

Amount

Instructions

Premium Artisan Whole Grain Breaded Dark Meat Chicken Poppers, CN Labeled, Fully Cooked

30 lbs

Recommended Heating Instructions: (Do not thaw. Prepare from frozen.) Place frozen product in single layer on sheet pan.
For Best Results: Do NOT use parchment paper. Appliances may vary. Targeted temperature is **165°F**
Convection Oven - 100% Fan Speed: Bake at 375°F for 7-9 minutes
Combi Oven - Convection Mode - 100% Fan Speed with 100% Steam: Bake at 375°F for 7-9 minutes
Conventional Oven: Bake at 375°F for 10-13 minutes
Suggested Holding Times: Hold at 150°F for 1.5-2 hours.

Potatoes (Mashed Frozen)

28 lbs

Prepare mashed potatoes according to package directions.

Corn (Frozen No Salt Added)

20 lb

Prepare corn according to package directions.

Chicken Gravy - (Made with Low Sodium Chicken Base)

1.75 gal

In a bowl, layer 1/2 cup mashed potatoes, 1/2 cup corn, 10 poppers and 1/4 cup gravy. (For Grab N Go - gravy can be put in a separate container & added before consuming product).

Awesome Alternatives: 54409



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It is recommended that any recipe be put through your own nutrition assessment before making the determination as to whether or not it fits into your school's menu plan.