Rich Chicks
RICH IN NUTRITION

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Sweet & Sour Chicken Sandwich

with Premium Artisan Whole Grain Breaded Chicken Breast Fillet, NAE, Fully Cooked

RC Product Code: 13424

Smart Snack | Artisan

Serving Size:	1 sandwich
Yield:	120 servings
Contribution:	2 oz meat/meat alternate, 2.5 oz grains
Smart Snack:	smart snack compliant

Nutritional Information for 1 Sandwich

Portion	1 Sandwich	**Cholesterol (mg)**	53
Calories	411	**Sodium (mg)**	619
Total Fat (g)	10	**Total Carbohydrates (g)**	52
Saturated Fat (g)	1.5	**Sugar (g)**	>1
Trans Fat (g)	0	**Protein (g)**	24
Sugar (g)	19		

Ingredients	Amount	Instructions
Premium Artisan Whole Grain Breaded Chicken Breast Fillet, NAE, Fully Cooked	30 lbs	**Recommended Heating Instructions:** (Do not thaw. Prepare from frozen.) Place frozen product in single layer on sheet pan. **For Best Results:** Do NOT use parchment paper. Appliances may vary. Targeted temperature is **165°F** **Convection Oven – 100% Fan Speed:** Bake at 375°F for 11-13 minutes **Combi Oven – Convection Mode – 100% Fan Speed with 100% Steam:** Bake at 375°F for 11-13 minutes **Conventional Oven:** Bake at 375°F for 13-15 minutes **Suggested Holding Times:** Hold at 150°F for 1.5-2 hours.
WG Hamburger Buns	10 dozen	Place heated Chicken Fillet on bottom portion of bun, add 2 tbsp Sweet & Sour Sauce place top of bun wrap and serve.
LS Sweet & Sour Sauce	1 gal	

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It is recommended that any recipe be put through your own nutrition assessment before making the determination as to whether or not it fits into your school's menu plan.