



RC Product Code: 91402

Dragon Breath Subs

with Kickin' Chicken Meatball with Real Mango and Real Jalapeno, Fully Cooked

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Serving Size: 1 sub sandwich
Yield: 100 servings
Contribution: 2 oz meat/meat alternate, 2 oz grain

Nutritional Information for Meatballs, Hot Dog Bun and 1oz Sauce

Portion	1 sandwich	Cholesterol (mg)	56
Calories	314	Sodium (mg)	654
Total Fat (g)	7	Total Carbohydrates (g)	42
Saturated Fat (g)	2	Sugar (g)	18
Trans Fat (g)	0	Protein (g)	17

Ingredients	Amount	Instructions
Rich Chicks Mango Jalapeno Meatballs	20 lbs	Place meatballs in single layer in hotel pan, cover with foil, heat in 350° F convection oven for 20 minutes or until meatballs reach an internal temperature of 165° F.
Whole Grain Rich Hot Dog Buns	9 dozen	Place 5 meatballs on hot dog bun.
Lower Sodium Sriracha Sauce	1 gal	Hold in warmer until ready to serve.
Sweet and Sour Sauce	1 gal	Have sauce ready and allow customer to pick which sauce they want.

It is recommended that any recipe be put through your own nutrition assessment before making the determination as to whether or not it fits into your school's menu plan.

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