

RC Product Code: 81401

Sausage and Waffles

with Chicken Sausage Patty, CN Labeled, Fully Cooked

www.richchicks.com

Serving Size: 1 sandwich Yield: 100 servings

Contribution: 1 oz meat/meat alternate, 2 oz grain



Nutritional information for 1 sandwich

| Portion | 1 sandwich | Cholesterol (mg) | 46 |
|-------------------|------------|-------------------------|-----|
| Calories | 336 | Sodium (mg) | 360 |
| Total Fat (g) | 10 | Total Carbohydrates (g) | 53 |
| Saturated Fat (g) | 1.2 | Sugar (g) | 0 |
| Trans Fat (g) | 0 | Protein (g) | 12 |
| Sugar (g) | 26 | | |

| Ingredients | Amount | Instructions |
|--|-----------|---|
| Chicken Sausage Patty, CN Labeled, Fully Cooked | 10 lbs | Place sausage patties on sheet pan. Heat at 375° F in convection oven for 6-8 minutes or until product reaches an internal temperature of 165° F. |
| Waffles | 1.5 cases | Place frozen waffles in single layer on ungreased sheet pan. Bake in 350° F oven for 5-7 minutes or until lightly toasted. Do not overbake. |
| Syrup Cup | 100 | Layer a waffle, sausage patty then another waffle. Serve with a portion cup of syrup. |

It is recommended that any recipe be put through your own nutrition assessment before making the determination as to whether or not it fits into your school's menu plan.