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RC Product Code: 54485

Crunchy Chicken Wrap

with Premium Artisan Whole Grain Breaded Chicken Breast Tenders, CN Labeled, Fully Cooked

Serving Size: Yield:	1 wrap				
Contribution:	100 servings 2 oz meat/meat alternate, 2 oz grain, 1/4 cup dark Artisan Green vegetable, 1/8 cup red/orange vegetable Artisan				
Nutritional inform	nation for 1 crun	chy chicken wra	ар		
Portion	1 wrap		Cholesterol (mg)	50	
Calories	444		Sodium (mg)	711	
Total Fat (g)	21		Total Carbohydrates (g)	44	
Saturated Fat (g)	7		Sugar (g)	11	
Trans Fat (g)	0		Protein (g)	20	
Ingredients		Amount	Instructions		
Premium Artisan Whole Grain Breaded Chicken Breast Tenders, CN Labeled, Fully Cooked		20 lbs	Place breaded tenders in single layer on large sheet pan, heat in 350° F convection oven for 9-12 minutes or until tenders reach an internal temperature of 165° F.		
Fresh Broccoli (Shredded)		6 lbs	Toss broccoli, carrots and spinach with poppy seed dressing.		
Fresh Carrots (Shredded)		4 lbs			
Fresh Baby Spinach (Chopped)		1 lb 9 oz	Place tortilla on deli paper wrap. Using No 8 scoop place 1/2 cup vegetable mixture in center of tortilla. Add 2 tenders and 2 tbsp shredded cheese. Tuck sides and roll. Wrap in deli paper.		
Poppy Seed Dressing (See Recipe Below)		3 qts			
Shredded Cheddar Cheese		3.25 lbs	Slice on diagonal and serve.		
Whole grain rich 8" Tortillas		100 each			
Poppy Seed Dressing		Amount	Yield 100 Servings		
Light Mayonnaise		1 qt			
White Vinegar		3 cups			
Sugar		1 qt	_		
Poppy Seeds		1/4 cup + 1 1/3 tbsp	Combine mayonnaise, vinegar, sugar, poppy seeds, onion powder, garlic powder and chili powder. Mix well.		
Onion Powder		1/2 cup			
Garlic Powder		1/2 cup	_		
Chili Powder		1/2 cup			
It is recommanded th	at any racing bo n	it through your on	in nutrition accordment before mal	king the determination	

It is recommended that any recipe be put through your own nutrition assessment before making the determination as to whether or not it fits into your school's menu plan.

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