



RC Product Code: 54453

# Bird Dog

with Whole Grain Breaded Chicken Tender,  
CN Labeled, Fully Cooked

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**Serving Size:** 1 Sandwich  
**Yield:** 100 Servings  
**Contribution:** 2 oz Meat/meat Alternate, 2 oz Grain

## Nutritional information for 1 sandwich

<b>Portion</b>	1 Sandwich	<b>Cholesterol (mg)</b>	31
<b>Calories</b>	365	<b>Sodium (mg)</b>	660
<b>Total Fat (g)</b>	13.5	<b>Total Carbohydrates (g)</b>	28
<b>Saturated Fat (g)</b>	4.3	<b>Sugar (g)</b>	3
<b>Trans Fat (g)</b>	0	<b>Protein (g)</b>	17

Ingredients	Amount	Instructions
Whole Grain Breaded Chicken Tender, CN Labeled, Fully Cooked	15 lbs	Place breaded tenders in single layer on large sheet pan, heat in 350°F convection oven for 7-9 minutes or until tenders reach an internal temperature of 165° F.
USDA Shredded Cheddar Cheese item # 100003	3.12 lbs	Place parchment paper in steam table pan. Place buns on parchment paper.
Turkey Bacon Bits	3.12 lbs	In each bun place 2 chicken tenders and top with 1/2 oz bacon bits and 2 tbsp shredded Cheddar cheese.
Whole Wheat Hot Dog Buns	13 pkgs	Plastic wrap pan and leave vents on two corners Hold in warmer until ready to serve.

It is recommended that any recipe be put through your own nutrition assessment before making the determination as to whether or not it fits into your school's menu plan.

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