



RC Product Code: 43415

# Tenders with Hunan Orange Sauce

Premium Artisan Whole Grain Breaded Chicken Tenders, NAE, Fully Cooked

[www.richchicks.com](http://www.richchicks.com)

**Serving Size:** 2 tenders  
**Yield:** 100 servings  
**Contribution:** 2 oz meat/meat alternate, 1 oz grain  
**Smart Snack:** Smart snack compliant



## Nutritional Information for 2 Tenders + 1 oz Hunan Orange Sauce

<b>Portion</b>	2 tenders + 1 oz sauce	<b>Cholesterol (mg)</b>	56
<b>Calories</b>	253	<b>Sodium (mg)</b>	513
<b>Total Fat (g)</b>	9	<b>Total Carbohydrates (g)</b>	23
<b>Saturated Fat (g)</b>	1.5	<b>Sugar (g)</b>	>1
<b>Trans Fat (g)</b>	0	<b>Protein (g)</b>	20
<b>Sugar (g)</b>	7		

<b>Ingredients</b>	<b>Amount</b>	<b>Instructions</b>
Rich Chicks Artisan Whole Grain Breaded Truly Whole Muscle Chicken Tenders	25 lbs	Place breaded tenders in stingle layer on large sheet pan, heat in 350°F convection oven for 10-12 minutes or until tenders reach an internal temperature of 165° F.
Hunan Orange Sauce	2 - 5 lb bags	Prepare Orange Sauce per package directions. Place 1 oz sauce in souffle cup.  Place 2 Tenders and 1oz sauce in food tray and serve.

It is recommended that any recipe be put through your own nutrition assessment before making the determination as to whether or not it fits into your school's menu plan.

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