



RC Product Code: 43415

Crunchy Chicken Wrap

Premium Artisan Whole Grain Breaded Chicken Tenders, NAE, Fully Cooked

www.richchicks.com

Serving Size: 1 wrap
Yield: 100 servings
Contribution: 2 oz meat/meat alternate, 2.5 oz grains, 1/4 cup dark Green vegetable, 1/8 cup red/orange vegetable
Smart Snack: Smart snack compliant



Nutritional Information for 1 Crunchy Chicken Wrap

Portion	1 wrap	Cholesterol (mg)	71
Calories	514	Sodium (mg)	877
Total Fat (g)	23	Total Carbohydrates (g)	50
Saturated Fat (g)	7.3	Sugar (g)	11
Trans Fat (g)	0	Protein (g)	27

Ingredients

Ingredients	Amount	Instructions
Premium Artisan Whole Grain Breaded Chicken Tenders, Fully Cooked	25 lbs	Place tenders in single layer on large sheet pan, heat in 350°F convection oven for 10-12 minutes or until tenders reach an internal temperature of 165° F.
Fresh Broccoli (Shredded)	6 lbs	
Fresh Carrots (Shredded)	4 lbs	Place tortilla on deli paper wrap. Using No 8 scoop place 1/2 cup vegetable mixture in center of tortilla. Add 2 tenders and 2 tbsp shredded cheese. Tuck sides and roll. Wrap in deli paper.
Fresh Baby Spinach (Chopped)	1 lb 9oz	
Poppy Seed Dressing (See Recipe Below)	3 qtrs	
Whole Grain Rich 8" Tortillas	100 each	

Poppy Seed Dressing Ingredients

Amount **Yield 100 Servings**

Light Mayonnaise	1 qt	Combine mayonnaise, vinegar, sugar, poppy seeds, onion powder, garlic powder and chili powder. Mix well.
White Vinegar	3 cups	
Sugar	1 qt	
Poppy Seeds	1/4 cup + 1 1/3 tbsp	
Onion Powder	1/2 cup	
Garlic Powder	1/2 cup	
Chili Powder	1/2 cup	

It is recommended that any recipe be put through your own nutrition assessment before making the determination as to whether or not it fits into your school's menu plan.

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