

RC Product Code: 13440

Sweet & Sour Chicken Sandwich

with Premium Artisan Whole Grain Breaded Chicken Breast Fillet, Fully Cooked

www.richchicks.com

Serving Size: 1 Sandwich Yield: 120 Servings

Contribution: 2 oz Meat/Meat Alternate, 2.5 oz Grain

Smart Snack: Smart Snack Compliant







Smart Snack

Nutritional Information for 1 Sandwich

Portion	1 Sandwich	Cholesterol (mg)	53
Calories	411	Sodium (mg)	619
Total Fat (g)	10	Total Carbohydrates (g)	52
Saturated Fat (g)	1.5	Sugar (g)	>1
Trans Fat (g)	0	Protein (g)	24
Sugar (g)	19		

Ingredients	Amount	Instructions
Premium Artisan Whole Grain Breaded Chicken Breast Fillet	30 lbs	Place Chicken Fillets on sheet pan. Heat at 350° F in a convection oven for 10-12 minutes or until product reaches an internal temperature of 165° F.
WG Hamburger Buns	10 dozen	Place heated Chicken Fillet on bottom portion of bun, add 2 tbsp Sweet & Sour Sauce place top of bun wrap and serve.
LS Sweet & Sour Sauce	1 gal	

It is recommended that any recipe be put through your own nutrition assessment before making the determination as to whether or not it fits into your school's menu plan.