



RC Product Code: 81401

# Sausage Rich Muffin

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with Chicken Sausage Patty, CN Labeled, Fully Cooked

**Serving Size:** 1 sandwich  
**Yield:** 100 servings  
**Contribution:** 1oz meat/meat alternate, 2.5oz grain  
**Smart Snack:** Smart snack compliant



Smart Snack

## Nutritional information for 1 sandwich

<b>Portion</b>	1 sandwich	<b>Cholesterol (mg)</b>	36
<b>Calories</b>	221	<b>Sodium (mg)</b>	400
<b>Total Fat (g)</b>	5.5	<b>Total Carbohydrates (g)</b>	31
<b>Saturated Fat (g)</b>	1.2	<b>Sugar (g)</b>	10
<b>Trans Fat (g)</b>	0	<b>Protein (g)</b>	14

## Ingredients

## Amount

## Instructions

Chicken Sausage Patty,  
CN Labeled, Fully Cooked

10lbs

Place Sausage patties on sheet pan. Heat at 375° F in a convection oven for 6-8 minutes or until product reaches an internal temperature of 165° F.

Bake Crafters 802 WG  
English Muffin

1 cases

Place heated sausage patty on bottom portion of English Muffin, add top, wrap and serve with 1 honey packet.

Honey Packets 12g Diamond  
Crystal #79000

100

It is recommended that any recipe be put through your own nutrition assessment before making the determination as to whether or not it fits into your school's menu plan.

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