

RC Product Code: 81401

Sausage & Pancakes (Breakfast for Lunch)

www.richchicks.com

with Chicken Sausage Patty, CN Labeled, Fully Cooked

Serving Size: 2 sausage patties, 2 pancakes and 1 pc of syrup

Yield: 100 servings

Contribution: 2oz meat/meat alternate, 2oz grain

Nutritional information for 1 sandwich

| Portion | 1 serving | Cholesterol (mg) | 82 |
|-------------------|-----------|-------------------------|-----|
| Calories | 402 | Sodium (mg) | 520 |
| Total Fat (g) | 11 | Total Carbohydrates (g) | 59 |
| Saturated Fat (g) | 2.4 | Sugar (g) | 32 |
| Trans Fat (g) | 0 | Protein (g) | 20 |
| | | | |

| Ingredients | Amount | Instructions |
|--|-----------|---|
| Chicken Sausage Patty, CN Labeled, Fully Cooked | 20lbs | Place sausage patties on sheet pan. Heat at 375° F in convection oven for 6-8 minutes or until product reaches an internal temperature of 165° F. |
| Bake Crafters 1433 Buttermilk Pancakes | 1.5 cases | Follow package instructions for pancake preparation. |
| Smucker's 1.4 oz Syrup cup | 100 | Serve 2 sausage patties and 2 pancakes with 1 syrup cup. |

It is recommended that any recipe be put through your own nutrition assessment before making the determination as to whether or not it fits into your school's menu plan.