



RC Product Code: 56404

Lemon Basil Grilled Chicken

with Grilled Non-breaded Made With Whole Muscle Chicken Breast Patty, Fully Cooked

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Serving Size: 1 patty
Yield: 100 servings
Contribution: 2oz meat/meat alternate

Nutritional information for 1 serving

Portion	1 patty	Cholesterol (mg)	50
Calories	206	Sodium (mg)	386
Total Fat (g)	15	Total Carbohydrates (g)	2.09
Saturated Fat (g)	3	Sugar (g)	0.94
Trans Fat (g)	0	Protein (g)	15.1

Ingredients	Amount	Instructions
Grilled Non-breaded Made With Whole Muscle Chicken Breast Patty, Fully Cooked	20lbs	Place chicken patties in single layer on large sheet pan. Brush each patty with 1 Tbsp Lemon Basil Vinaigrette. Heat in 350° F convection oven for 18 - 22 minutes or until internal core temperature reaches 165° F.
Lemon Basil Vinaigrette (See Recipe Below)	3qrts	Place 25 patties in steam table pan and top with another 1 1/2 cups of Lemon Basil Vinaigrette. Hold covered in warmer until ready to serve.

Lemon Basil Vinaigrette	Amount	Yield 1 gallon (May be prepared a day in advance)
Olive Oil	4cups	Whisk together olive oil, lemon juice, basil, vinegar, garlic, sugar, salt and pepper in a small bowl until blended. Refrigerate until ready to use.
Lemon Juice	4cups	
Chopped Fresh Basil	1cup	
White Balsamic Vinegar	1cup	
Garlic (Minced)	16 cloves	
Sugar (Granulated)	5tbsp + 1tsp	
Salt	2tbsp + 1/2tsp	
Ground Black Pepper	1tbsp + 3/4tsp	

It is recommended that any recipe be put through your own nutrition assessment before making the determination as to whether or not it fits into your school's menu plan.

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