



RC Product Code: 54497

Spicy Chicken Spinach Salad

with Premium Artisan Spicy Whole Grain Breaded Chicken Breast Tenders, CN Labeled, Fully Cooked

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Serving Size: 1 salad
Yield: 100 serving
Contribution: 2oz meat/meat alternate, 1oz grain, 1cup green Vegetable, 1/4cup red/orange vegetable



Nutritional information for 1 salad

Portion	1 salad	Cholesterol (mg)	67
Calories	395	Sodium (mg)	591
Total Fat (g)	21.5	Total Carbohydrates (g)	28
Saturated Fat (g)	4	Sugar (g)	10
Trans Fat (g)	0	Protein (g)	23

Ingredients	Amount	Instructions
Premium Artisan Spicy Whole Grain Breaded Chicken Breast Tenders, CN Labeled, Fully Cooked	30lbs	Place breaded tenders in single layer on large sheet pan, heat in 350° F convection oven for 9-12 minutes or until tenders reach an internal temperature of 165° F.
Baby Spinach	26.5lbs	Clean and coarse chop the spinach. Place 2cups in individual salad container.
Carrots	8lbs	Clean and shred the carrots. Sprinkle 1/4cup shredded carrots on top of spinach.
Honey Mustard Dressing	1 1/2gals	Place 2tbsp of Honey Mustard dressing in soufflé cup. Place to the side of the salad.
Place 3 Spicy Tenders on top of Spinach and serve.		

It is recommended that any recipe be put through your own nutrition assessment before making the determination as to whether or not it fits into your school's menu plan.

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