



RC Product Code: 54486

# Chicken Parmesan

with Premium Artisan Whole Grain Breaded Chicken Breast Patties, CN Labeled, Fully Cooked

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**Serving Size:** 12oz  
**Yield:** 100 servings  
**Contribution:** 2 meat/meat alternate, 2oz grain, 3/4cup red/orange vegetable



## Nutritional information for 1 serving chicken parmesan

<b>Portion</b>	12oz	<b>Cholesterol (mg)</b>	51
<b>Calories</b>	401	<b>Sodium (mg)</b>	557
<b>Total Fat (g)</b>	14	<b>Total Carbohydrates (g)</b>	43
<b>Saturated Fat (g)</b>	3	<b>Sugar (g)</b>	6
<b>Trans Fat (g)</b>	0	<b>Protein (g)</b>	27

### Ingredients

### Amount

### Instructions

Premium Artisan Whole Grain Breaded Chicken Breast Patties, CN Labeled, Fully Cooked

30lbs

Place Chicken patties on sheet pan. Heat in 350° F convection oven for 14-16 minutes or until product reaches an internal temperature of 165° F.

Spaghetti - Enriched USDA 100425

10lbs

Cook spaghetti according to package directions.

Marinara Sauce - Red Gold #82206

5 - #10 cans

Heat marinara sauce.

Parmesan Cheese (Grated)

1.25lbs

Place 1/2cup cooked spaghetti on plate, ladle 1/2cup marinara sauce over spaghetti, place chicken patty on top of marinara sauce and sprinkle 1tbsp grated parmesan cheese on top.

It is recommended that any recipe be put through your own nutrition assessment before making the determination as to whether or not it fits into your school's menu plan.

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