



RC Product Code: 54485

# Tenders with Queso Blanco Sauce

with Premium Artisan Whole Grain Breaded Chicken Breast Tenders, CN Labeled, Fully Cooked

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**Serving Size:** 5.7oz  
**Yield:** 100 servings  
**Contribution:** 2.5oz meat/meat alternate, 1oz grain



## Nutritional information for 3 tenders and 1.5oz queso blanco sauce

<b>Portion</b>	3 tenders and 1.5oz Sweet & sour sauce	<b>Cholesterol (mg)</b>	52
<b>Calories</b>	305	<b>Sodium (mg)</b>	673
<b>Total Fat (g)</b>	15.3	<b>Total Carbohydrates (g)</b>	17
<b>Saturated Fat (g)</b>	5	<b>Sugar (g)</b>	2.5
<b>Trans Fat (g)</b>	0	<b>Protein (g)</b>	24

### Ingredients

### Amount

### Instructions

Premium Artisan Whole Grain Breaded Chicken Breast Tenders, CN Labeled, Fully Cooked

30lbs

Place breaded tenders in single layer on large sheet pan, heat in 350° F convection oven for 9-12 minutes or until tenders reach an internal temperature of 165° F.

Queso Blanco Sauce - JTM # 5725

2 - 5# bags

Heat Queso Blanco Sauce according to package directions. Place 1.5 oz in dipping cup.

Place 3 tenders in food tray w/1.5oz Queso Blanco sauce and serve.

It is recommended that any recipe be put through your own nutrition assessment before making the determination as to whether or not it fits into your school's menu plan.

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