



RC Product Code: 54485

Crunchy Chicken Wrap

with Premium Artisan Whole Grain Breaded Chicken Breast Tenders, CN Labeled, Fully Cooked

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Serving Size: 1 wrap
Yield: 100 servings
Contribution: 2oz meat/meat alternate, 2oz grain, 1/4cup dark Green vegetable, 1/8cup red/orange vegetable

Nutritional information for 1 crunchy chicken wrap

Portion	1 wrap	Cholesterol (mg)	50
Calories	444	Sodium (mg)	711
Total Fat (g)	21	Total Carbohydrates (g)	44
Saturated Fat (g)	7	Sugar (g)	11
Trans Fat (g)	0	Protein (g)	20

Ingredients	Amount	Instructions
Premium Artisan Whole Grain Breaded Chicken Breast Tenders, CN Labeled, Fully Cooked	20lbs	Place breaded tenders in single layer on large sheet pan, heat in 350° F convection oven for 9-12 minutes or until tenders reach an internal temperature of 165° F.
Fresh Broccoli (Shredded)	6lbs	Toss broccoli, carrots and spinach with poppy seed dressing.
Fresh Carrots (Shredded)	4lbs	
Fresh Baby Spinach (Chopped)	1lb 9oz	Place tortilla on deli paper wrap. Using No 8 scoop place 1/2cup vegetable mixture in center of tortilla. Add 2 tenders and 2tbsp shredded cheese. Tuck sides and roll. Wrap in deli paper.
Poppy Seed Dressing (See Recipe Below)	3qts	
Shredded Cheddar Cheese	3.25lbs	Slice on diagonal and serve.
Whole grain rich 8" Tortillas	100 each	

Poppy Seed Dressing	Amount	Yield 100 Servings
Light Mayonnaise	1qt	
White Vinegar	3cups	
Sugar	1qt	
Poppy Seeds	1/4cup + 1 1/3tbsp	Combine mayonnaise, vinegar, sugar, poppy seeds, onion powder, garlic powder and chili powder. Mix well.
Onion Powder	1/2cup	
Garlic Powder	1/2cup	
Chili Powder	1/2cup	

It is recommended that any recipe be put through your own nutrition assessment before making the determination as to whether or not it fits into your school's menu plan.

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