



RC Product Code: 54453

Ranch Chicken Wrap

with Whole Grain Breaded Chicken Tender,
CN Labeled, Fully Cooked

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Serving Size: 1 Wrap
Yield: 100 Servings
Contribution: 2oz Meat/Meat Alternate, 2oz Grain, 1/2cup Dark Green Vegetable

Nutritional information for 1 serving chicken parmesan

Portion	1 Wrap	Cholesterol (mg)	30.5
Calories	375	Sodium (mg)	720
Total Fat (g)	20.1	Total Carbohydrates (g)	33
Saturated Fat (g)	6.8	Sugar (g)	2.7
Trans Fat (g)	0	Protein (g)	15

Ingredients	Amount	Instructions
Whole Grain Breaded Chicken Tender, CN Labeled, Fully Cooked	15lbs	Place breaded tenders in single layer on large sheet pan, heat in 350°F convection oven for 7-9 minutes or until tenders reach an internal temperature of 165° F.
Ranch Dressing	1/2gal	Clean and course chop peppers.
Romaine	4.5lbs	Clean and shred Romaine.
Red Peppers	2.25lbs	Toss chopped peppers with Shredded Romaine.
Green Peppers	2.25lbs	Place tortilla on deli paper wrap. Brush 1tbsp of ranch dressing on top half of tortilla. Add 2 tenders, 1.25cup tossed vegetables and 2tbsp shredded cheese. Tuck sides and roll. Wrap in deli paper.
USDA Shredded Cheddar Cheese item # 100003	3.25lbs	Right before serving cut on diagonal.
USDA WG Tortillas 8" diameter # 110394	9 dozen	

It is recommended that any recipe be put through your own nutrition assessment before making the determination as to whether or not it fits into your school's menu plan.

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