



RC Product Code: 54453

Bird Dog

with Whole Grain Breaded Chicken Tender,
CN Labeled, Fully Cooked

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Serving Size: 1 Sandwich
Yield: 100 Servings
Contribution: 2oz Meat/meat Alternate, 2oz Grain

Nutritional information for 1 sandwich

Portion	1 Sandwich	Cholesterol (mg)	31
Calories	365	Sodium (mg)	660
Total Fat (g)	13.5	Total Carbohydrates (g)	28
Saturated Fat (g)	4.3	Sugar (g)	3
Trans Fat (g)	0	Protein (g)	17

Ingredients	Amount	Instructions
Whole Grain Breaded Chicken Tender, CN Labeled, Fully Cooked	15lbs	Place breaded tenders in single layer on large sheet pan, heat in 350°F convection oven for 7-9 minutes or until tenders reach an internal temperature of 165° F.
USDA Shredded Cheddar Cheese item # 100003	3.12lbs	Place parchment paper in steam table pan. Place buns on parchment paper.
Turkey Bacon Bits	3.12lbs	In each bun place 2 chicken tenders and top with 1/2oz bacon bits and 2tbsp shredded Cheddar cheese.
Aunt Millie's Whole Wheat Hot Dog Buns #3364	13pkgs	Plastic wrap pan and leave vents on two corners Hold in warmer until ready to serve.

It is recommended that any recipe be put through your own nutrition assessment before making the determination as to whether or not it fits into your school's menu plan.

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