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RC Product Code: 43424

Crunchy Chicken Wrap

with Premium Artisan Whole Grain Breaded Chicken Tenders, Fully Cooked

Serving Size:

1 wrap

Yield:

100 servings

Nutritional Information for 1 Crunchy Chicken Wrap

Contribution:

2oz meat/meat alternate, 2.5oz grains, 1/4cup dark

Green vegetable, 1/8cup red/orange vegetable

Smart Snack:

Smart snack compliant





Portion	1 wrap	Cholesterol (mg)	71
Calories	514	Sodium (mg)	877
Total Fat (g)	23	Total Carbohydrates (g)	50
Saturated Fat (g)	7.3	Sugar (g)	11
Trans Fat (g)	0	Protein (g)	27

Ingredients	Amount	Instructions	
Premium Artisan Whole Grain Breaded Chicken Tenders, Fully Cooked	25lbs	Place tenders in single layer on large sheet pan, heat in 350°F convection oven for 10-12 minutes or until tenders reach an internal temperature of 165° F.	
Fresh Broccoli (Shredded)	6lbs	Toss broccoli, carrots and spinach with poppy seed dressing.	
Fresh Carrots (Shredded)	4lbs		
Fresh Baby Spinach (Chopped)	1lb 9oz	Place tortilla on deli paper wrap. Using No 8 scoop place 1/2 cu vegetable mixture in center of tortilla. Add 2 tenders and 2tbsp shredded cheese. Tuck sides and roll. Wrap in deli paper.	
Poppy Seed Dressing (See Recipe Below)	3qtrs		
Whole Grain Rich 8" Tortillas	100 each		
Poppy Seed Dressing Ingredients	Amount	Yield 100 Servings	
Light Mayonnaise	1qt		
White Vinegar	3cups		
Sugar	1qt		
Poppy Seeds	1/4cup Combine mayonnaise, vinegar, sugar, poppy seeds, onion pow- der, garlic powder and chili powder. Mix well.		
Onion Powder	1/2cup		
Garlic Powder	1/2cup		
Chili Powder	1/2cup		

It is recommended that any recipe be put through your own nutrition assessment before making the determination as to whether or not it fits into your school's menu plan.

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