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Serving Size:

Yield:

RC Product Code: 43415

Tenders with Hunan Orange Sauce

Premium Artisan Whole Grain Breaded Chicken Tenders, NAE, Fully Cooked

2 tenders100 servings

Contribution: 2oz meat/meat alternate, 1oz grain

Smart Snack: Smart snack compliant







SmartSnack Artisan

Nutritional Information for 2 Tenders + 1oz Hunan Orange Sauce

Portion	2 tenders + 1oz sauce	Cholesterol (mg)	56
Calories	253	Sodium (mg)	513
Total Fat (g)	9	Total Carbohydrates (g)	23
Saturated Fat (g)	1.5	Sugar (g)	>1
Trans Fat (g)	0	Protein (g)	20
Sugar (g)	7		

Ingredients	Amount	Instructions
Rich Chicks Artisan Whole Grain Breaded Truly Whole Muscle Chicken Tenders	25lbs	Place breaded tenders in stingle layer on large sheet pan, heat in 350°F convection oven for 10-12 minutes or until tenders reach an internal temperature of 165° F.
JTM Hunan Orange Sauce	2 - 5lb bags	Prepare Orange Sauce per package directions. Place 1oz sauce in souffle cup.
		Place 2 Tenders and 1oz sauce in food tray and serve.

It is recommended that any recipe be put through your own nutrition assessment before making the determination as to whether or not it fits into your school's menu plan.