

RC Product Code: 37101

## BBQ Joe Sandwich

## www.richchicks.com

## with Seasoned Dark Meat Chicken Crumbles, Fully Cooked

Serving Size: 1 Sandwich Yield: 100 servings

**Contribution:** 2 Meat/Meat Alternate, 2.5 Grains

## **Nutritional Information for 1 Sandwich**

Portion	1 Sandwich	Cholesterol (mg)	95
Calories	290	Sodium (mg)	535
Total Fat (g)	5.5	Total Carbohydrates (g)	32
Saturated Fat (g)	1	Sugar (g)	14
Trans Fat (g)	0	Protein (g)	24

Ingredients	Amount	Instructions
Seasoned Dark Meat Chicken Crumbles, Fully Cooked	20lbs	Thaw chicken crumbles under refrigeration.
Whole Grain Hamburger Bun	9 dozen	Place thawed Chicken crumbles and BBQ sauce in steam jacketed kettle or tilt skillet. Stir together and heat until mixture reaches an internal temperature of 165° F.
Red Gold Naturally Balanced BBQ Sauce	1gal	Place 3.5 oz of heated Chicken mixture on bottom portion of bun. Add top of bun. Wrap and serve .

It is recommended that any recipe be put through your own nutrition assessment before making the determination as to whether or not it fits into your school's menu plan.