



RC Product Code: 13443

# Rich-Fil-Yay! Chicken Sandwich

with Rich-Fil-Yay! Dill Seasoned Whole Grain Breaded Chicken Breast Fillet, Fully Cooked

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**Serving Size:** 1 Sandwich  
**Yield:** 100 Servings  
**Contribution:** 2oz Meat/Meat Alternate, 2.5oz Grains



Smart Snack Artisan Dill Seasoned

## Nutritional Information for 1 Serving

<b>Portion</b>	1 Sandwich	<b>Cholesterol (mg)</b>	53
<b>Calories</b>	335	<b>Sodium (mg)</b>	700
<b>Total Fat (g)</b>	9.5	<b>Total Carbohydrates (g)</b>	34
<b>Saturated Fat (g)</b>	1.5	<b>Sugar (g)</b>	>1
<b>Trans Fat (g)</b>	0	<b>Protein (g)</b>	24
<b>Sugar (g)</b>	4		

## Ingredients

## Amount

## Instructions

Rich Chicks Rich-Fil-Yay!  
Dill Seasoned WG Breaded  
Chicken Breast Fillet

30lbs

Place Chicken Fillets on sheet pan. Heat at 350° F in a convection oven for 10-12 minutes or until product reaches an internal temperature of 165° F.

Aunt Millie's WG  
Hamburger Buns 3354

9 dozen

Place heated Chicken Fillet on bottom portion of roll, add top, wrap and serve with 1 mustard packet.

Mustard Packet 5.5 grams

100

It is recommended that any recipe be put through your own nutrition assessment before making the determination as to whether or not it fits into your school's menu plan.

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