



RC Product Code: 13440

Sweet & Sour Chicken Sandwich

with Premium Artisan Whole Grain Breaded Chicken Breast Fillet, Fully Cooked

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Serving Size: 1 Sandwich
Yield: 120 Servings
Contribution: 2oz Meat/Meat Alternate, 2.5oz Grain
Smart Snack: Smart Snack Compliant



Smart Snack Artisan

Nutritional Information for 1 Sandwich

Portion	1 Sandwich	Cholesterol (mg)	53
Calories	411	Sodium (mg)	619
Total Fat (g)	10	Total Carbohydrates (g)	52
Saturated Fat (g)	1.5	Sugar (g)	>1
Trans Fat (g)	0	Protein (g)	24
Sugar (g)	19		

Ingredients

Amount

Instructions

Premium Artisan Whole Grain Breaded Chicken Breast Fillet	30lbs	Place Chicken Fillets on sheet pan. Heat at 350° F in a convection oven for 10-12 minutes or until product reaches an internal temperature of 165° F.
Aunt Millie's WG Hamburger Buns 3354	10 dozen	Place heated Chicken Fillet on bottom portion of bun, add 2 Tbsp Sweet & Sour Sauce place top of bun wrap and serve.
Kikkoman's LS Sweet & Sour Sauce	1gal	

It is recommended that any recipe be put through your own nutrition assessment before making the determination as to whether or not it fits into your school's menu plan.

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