



Dragon Breath Subs

With Rich Chicks Jalapeno Mango Chicken Meatballs

Serving Size: 1 Sandwich

Yield: 123

Contribution: 2oz Meat/Meat Alternate, 2oz Grains

RC Product Code: 91402

Ingredients	Amount	Preparation Instructions
Rich Chicks Mango Jalapeno Meatballs	20 lbs	1. Place 5 lbs of meatballs in full pan. Heat covered in 350 degree oven for 30 minutes or until internal temperature reaches 165 degrees.
Whole Grain rich hot dog buns	11 dozen	2. Place 5 meatballs on hot dog bun
Low Sodium Sriracha Sauce	1 gal	3. Hold in warmer until ready to serve.
Sweet and Sour Sauce	1 gal	4. Have sauce ready and allow customer to pick which sauce they want.
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Nutritional Information for Meatballs & Hot Dog Bun

Portion	1 sandwich	Cholesterol (mg)	61
Calories	232	Sodium (mg)	608
Total Fat (g)	6.5	Total Carbohydrates (g)	28
Saturated Fat (g)	1.7	Dietary Fiber (g)	>1
Trans Fat (g)	0	Protein (g)	15

It is recommended that any recipe be put through your own nutrition assessment before making the determination as to whether or not it fits into your school's menu plan.