



# Sausage & Waffles

## With Rich Chicks Chicken Sausage Patties

**Serving Size:** 1 Sandwich

**Yield:** 100

**Contribution:** 1oz Meat/Meat Alternate, 2 oz Grain

**RC Product Code:** 81401

Ingredients	Amount	Preparation Instructions
Rich Chicks Chicken Sausage Patty	10 lbs	1. Place Sausage patties on sheet pan. Heat at 350 degrees in a convection oven for 6 - 8 minutes or until product reaches an internal temperature of 165 degrees.
Bakecrafter's 1453 Waffles	1.5 Cases	2. Place frozen waffles in single layer on ungreased sheet pan. Bake in 350 degree oven for 5 - 7 minutes or until lightly toasted. Do not overbake.
Smuckers 1.4oz Syrup Cup	100	3. Layer a waffle, sausage patty then another waffle. Serve with a portion cup of syrup.

Nutritional Information			
Portion	1 Sandwich	Cholesterol (mg)	41
Calories	336	Sodium (mg)	360
Total Fat (g)	10	Total Carbohydrates (g)	53
Saturated Fat (g)	1.2	Dietary Fiber (g)	0
Trans Fat (g)	0	Protein (g)	12

It is recommended that any recipe be put through your own nutrition assessment before making the determination as to whether or not it fits into your school's menu plan.