



# Artisan WG Tenderloins with Orange Sauce

## With Rich Chicks Artisan Whole Grain Breaded Truly Whole Muscle Chicken Tenderloin

**Serving Size:** 2 Tenderloins

**Yield:** 100 Servings

**Contribution:** 2oz Meat/Meat Alternate, 1oz Grains

**Smart Snack:** Not Currently Smart Snack Compliant

**RC Product Code:** 43424

Ingredients	Amount	Preparation Instructions
Rich Chicks Artisan Whole Grain Breaded Truly Whole Muscle Chicken Tenderloin	25 lbs	1. Place breaded tenderloins in single layer on large sheet pan, heat in 350 degree convection oven for 8-10 minutes or until Tenderloins reach an internal temperature of 165 degrees
JTM Hunan Orange Sauce	2 -5lb Bags	2. Prepare Orange Sauce per package directions. Place 1 oz sauce in souffle cup
		3. Place 2 Tenderloins and 1oz sauce in food tray and serve

Nutritional Information for 2 Tenderloins + 1oz Hunan Orange Sauce			
Portion	2 Tenderloins +1oz Sauce	Cholesterol (mg)	56
Calories	228	Sodium (mg)	513
Total Fat (g)	8.5	Total Carbohydrates (g)	34
Saturated Fat (g)	1.5	Dietary Fiber (g)	>1
Trans Fat (g)	0	Protein (g)	20
Sugar (g)	10		

It is recommended that any recipe be put through your own nutrition assessment before making the determination as to whether or not it fits into your school's menu plan.