

BBQ Chicken Slider

With Rich Chicks Artisan Whole Grain Breaded Truly Whole Muscle Chicken Slider Fillet

Serving Size: 1 Slider Sandwich

Yield: 100 Servings

Contribution: 1oz Meat/Meat Alternate, 2.5oz Grains

Smart Snack: Smart Snack Compliant Concept

RC Product Code: 13441

Ingredients	Amount	Preparation Instructions	
Rich Chicks Artisan Whole Grain Breaded Truly Whole Muscle Chicken Slider Fillet	100 Slider Fillets	Place Chicken Sliders on sheet pan. Heat at 350 degrees in a convection oven for 10 - 12 minutes or until product reaches an internal temperature of 165 degrees.	
Bakecrafter's Yeast roll (3616)	100 Rolls	Place rolls on baking sheet and heat in 350 degree convection oven for 5-10 minutes or until desired browning has	
Red Gold Naturally Balanced BBQ Sauce	2 Bags	Slice heated rolls, place heated chicken slider on bottom portion of roll, top with 1 oz of BBQ sauce, wrap and serve	

Nutritional Information for 1 Slider Sandwich				
Portion	1 Slider Sandwich	Cholesterol (mg)	29	
Calories	301	Sodium (mg)	425	
Total Fat (g)	6.5	Total Carbohydrates (g)	45	
Saturated Fat (g)	0.7	Dietary Fiber (g)	>1	
Trans Fat (g)	0	Protein (g)	12	
Sugar (g)	15			

It is recommended that any recipe be put through your own nutrition assessment before making the determination as to whether or not it fits into your school's menu plan.